Momma Olympics 2014

A Home Management Game for Busy Moms

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Make a Bed 10							
Bathroom toilet, sink and counter 25							
Load of Dishes 25							
Load of Laundry 25							
Take out trash 5 pts per bag or can							
Vacuum, sweep or mop a floor 25							
Plan and Make Breakfast or Lunch 10 pts per meal							
Plan and Make Dinnerl 25							
Clutter - Donate or Toss 1 point per item							
Clean Kitchen Sink and wipe down counters 25							
Home ManagerPay Bills, plan meals, 15 minutes							
Healthy You - Exercise -25 per day							
Healthy You- Meal Tracking 25 per day							
Simple Daily Challenge 100 pts per challenge 300 limit per day							
Total							