

# Weekly Cleaning List

- Monday** - Deep Clean Kitchen - Choose wisely on major appliance or area to deep clean. This I suggest cleaning and organizing the pantry. It is so much easier to put together a quick pantry meal when the pantry is well-organized and stocked with a few staples.
- Tuesday** - Bathroom - Give the bathrooms and good scrubbing, especially, tubs, showers, sinks and mirrors.
- Wednesday** - Dust and Mirrors and Windows - Dust all the furniture and doodads, shine all mirrors and windows on the inside.
- Thursday** - Grab your favorite all-purpose cleaner and some rags or paper towels and clean and quickly organize the drawers and shelves of the most used bathrooms.
- Friday** - Declutter-one area for 5 to 10 minutes or catch up on anything that was missed during the week. Keep it simple, Friday is for family and fun!
- Saturday** - Linens and extra laundry. Don't you love the idea of fresh smelling sheets and towels!
- Sunday** - Free Day - Family Day - An opportunity for movement!  
**Picnic anyone - Indoors or Out?**