

# 40 Days 40 Photos

## A Visual Lenten Journey

Hashtag - #40PhotosLent

- Ashes or someone's #ashtag – Show us a picture of ashes or the ashes you received at church today.
- St. Katherine Drexel - is the patron saint of racial justice and philanthropists. Take a photo of something that has changed or needs to be changed to peacefully move forward or make positive change.
- Lenten meal – What are you eating this Friday. We all love food photos, show us your Lenten meal.
- During Lent the Liturgical Colors are Violet - Take a photo of something violet.
- Your Lenten Sacrifice - Share a photo of what your focus is during your Lenten journey is this year.
- The Number 40– There are 40 Days in Lent. Take a photo of something that represents the number 40 or a picture of your favorite place to pray during these 40 days.
- Bible – Write or type. Your favorite passage of scripture and decorate with either Photoshop, crayons, paints, or whatever! Then take a photo and share.
- Your Favorite Saint – Take a photo of your favorite Saint.
- Take a photo of your pet, if you have no pet take a photo of something soothing outdoors. Our pets are a balm in the trials of life, as is a soothing walk in nature. We are blessed to have both.
- Lenten meal – What are you eating this Friday. We all love food photos, show us your Lenten meal.
- Peace – Share a photo of a peaceful place or of something that represents what the word peace means to you.
- Adoration Chapel – Take a photo of the entrance to Adoration. Invite people to come and pray with you. He knows you some come for a visit and get to know Him a little better this Lent.
- Merciful – “Be merciful, just as your Father is merciful”. Take a photo of what being merciful means to you. I know this one sounds tough. Think compassionate, forgiving, tenderhearted, thoughtful.
- Nature – Nature calms and soothes the aching heart, its beauty inspires yet at the same time teaches us to be gentle. We need to take care of this beautiful gift from God, take a picture of something helping us to take care of nature.
- Favorite Ministry - Many are part of ministries in their Churches are aspire to take part in a ministry in the future. Take a photo that represents one of your favorite ministries.
- The family – Family connection is so important, and during Lent, we need to actively create experiences to grow together as a family. Take a picture of your family connecting and sharing during this Lenten journey.
- St. Patrick –Today is the feast day of St. Patrick. Take a photo of something green.
- Bible – Faith is rooted in Scripture. Take a picture of your bible.
- Gentle - Jesus was known as the gentle Shepherd. Take a photo if something or someone who reminds of the Jesus and his kindness in the Gospels.
- St. Joseph – St. Joseph was the spouse of the Blessed Virgin Mary. Take a picture of him or of a father you know who has stepped up to parent.
- Compliment - Take a post-it note and write a positive compliment or an 'I love you' to a family member. Take a photo of a stack of post-it notes or your positive note and challenge your friends to do the same.
- Place of Worship - Take a photo of your Church
- Favorite Charity – Take a photo and share your favorite charity to give alms to.
- Lenten meal – What are you eating this Friday. We all love food photos, show us your Lenten meal.
- Favorite Family Activity – During Lent spend some time with your family members and other loved ones and share a photo doing something fun together.
- Favorite Prayer – Write your favorite prayer and decorate it or with fun color and doodles. Take a photo and share.
- Jesus Hugs - Sometimes in everyday life we feel God's love in the small things. Take a photo of something that reminds you of the love that Jesus has for you.
- The Blessed Mother Mary - Out of all the women in the world God chose Mary to bring his son into the world. Take a photo of Mary or of your own momma who gave you the gift of life.
- Bread and Wine – At Mass, the bread and wine become the Body and Blood of Christ. Share a picture of any kind of bread and wine to remember the sacrifice of the Mass.
- Fasting – Share what you have fasted or what you have strived for during Lent.
- Walking - Taking a walk allows us to be with our thoughts and think about how we can be better disciples for Christ. Take a photo of something interesting on your walk with Jesus.
- Praying Hands – Prayer is a big part of Lent. Share a picture of praying hands to remember to pray.
- Choices - Through life we are tested to make the best choices, sometimes it is not a clear cut path. Take a photo of a situation where you have to make a choice.
- Lamb – Lambs are a symbol of Easter. Share a photo of a lamb or other symbol of Easter.
- Palms – Yesterday was Palm Sunday. Share a photo of the palms you received at Mass.
- Oils – During Holy week cathedrals around the world hold a Chrism Mass where they bless the oils that will be used to administer the sacraments. Share a photo of oils.
- Water – Tomorrow is Holy Thursday where we will witness the washing of the feet. Share a photo of water to prepare for that.
- Feet – Today share a photo of feet to represent the washing of the feet.
- Crucifix – Today is Good Friday. Share a photo of a crucifix or Rosary to remember what today represents.
- Fire – The Easter Vigil begins with fire. Share a picture of a fire.